



St. George's University

Grenada, West Indies



# Table of Contents

|                                                                        |    |                                                                              |    |
|------------------------------------------------------------------------|----|------------------------------------------------------------------------------|----|
| Deans' Introduction .....                                              | 3  | My UK Experience – Maureen Malivert .....                                    | 34 |
| Associate Dean of Clinical Studies UK .....                            | 3  | <b>UK Training Days</b> .....                                                | 34 |
| Members of the UK Dean's Advisory Board .....                          | 4  | Introduction to Clinical Practice and the NBME Exam .....                    | 34 |
| <b>The UK Clinical Program</b> .....                                   | 7  | Emergency Medicine Simulation Course .....                                   | 35 |
| UK Administrative Office .....                                         | 7  | <b>Office of Career Guidance in the UK</b> .....                             | 35 |
| SGUSOM United Kingdom .....                                            | 7  | OCG Contact Information .....                                                | 35 |
| UK Start Dates and How to Arrange Your Placement .....                 | 8  | Pathways to UK Licensure for SGUSOM Students .....                           | 35 |
| Visa Information for Students Entering the UK Clinical Programme ..... | 9  | <b>Student Services</b> .....                                                | 36 |
| The Clinical Curriculum .....                                          | 11 | <b>SGISM Mentoring Program</b> .....                                         | 37 |
| The UK Clinical Programme .....                                        | 12 | SGISM Mentoring Programme in the UK .....                                    | 37 |
| The UK Clinical Training Centres .....                                 | 12 | <b>A to Z of Other Information</b> .....                                     | 37 |
| Location of the UK Affiliated Hospitals .....                          | 13 | Accommodation .....                                                          | 37 |
| <b>Basic Organisation of Healthcare Delivery in the UK</b> .....       | 13 | Accommodation Costs .....                                                    | 38 |
| <b>UK Hospital Affiliates</b> .....                                    | 15 | Banking .....                                                                | 38 |
| North Middlesex University Hospital .....                              | 15 | Clothing/Dress Code .....                                                    | 38 |
| St Ann's Hospital, London .....                                        | 16 | Concerns/Complaints .....                                                    | 39 |
| Stoke Mandeville Hospital .....                                        | 17 | Currency .....                                                               | 39 |
| Watford General Hospital .....                                         | 18 | Electricity .....                                                            | 39 |
| Sheepcot Medical Centre .....                                          | 19 | Electronic Log (PEL) .....                                                   | 39 |
| Norfolk & Norwich University Hospital .....                            | 20 | Evaluation of Programmes .....                                               | 39 |
| Hellesdon Hospital .....                                               | 21 | Insurance .....                                                              | 40 |
| Russells Hall Hospital .....                                           | 22 | Licensure Applications .....                                                 | 40 |
| North Hampshire Hospital .....                                         | 23 | Medical Treatment .....                                                      | 40 |
| Poole General Hospital .....                                           | 24 | Payment of Accounts .....                                                    | 40 |
| Royal Hampshire County Hospital .....                                  | 25 | SGUSOM Student Membership of the British Medical Association (BMA) .....     | 40 |
| St Ann's Hospital, Poole .....                                         | 26 | SGUSOM Student Membership of the Royal Society of Medicine (RSM) .....       | 41 |
| The Adam Practice .....                                                | 26 | Signature of School Official .....                                           | 41 |
| Electives Offered at UK Hospitals .....                                | 27 | Student Reimbursements .....                                                 | 41 |
| <b>UK Program Experiences</b> .....                                    | 29 | Transport .....                                                              | 41 |
| A UK Director of Medical Education's Story .....                       | 29 | Textbooks & Web Based Educational Assignments for Independent Learning ..... | 42 |
| My UK Experience – Derrick Lamount Mobley II .....                     | 30 | US Office - Great River .....                                                | 42 |
| My UK Experience – Jayakrithi Krishnan .....                           | 31 | Vaccinations and Immunisation Requirements .....                             | 42 |
| My UK Experience – Daynalee Dixon .....                                | 32 | Water .....                                                                  | 43 |
| My UK Experience – Tiffanii Smith .....                                | 32 |                                                                              |    |
| My UK Experience – Khayreddine Bouabida .....                          | 33 |                                                                              |    |

# Deans' Introduction

We are delighted to welcome you to the clinical phase of your SGU medical education in the UK. You've worked hard and prepared yourselves well. We know this is an exciting time for you as you transition from the classroom to the hospital and clinic settings. You will be working with patients, learning from experienced clinicians, and applying your knowledge to real-life situations.

As you embark on this journey, we encourage you to embrace the challenges and opportunities that come your way. You will be exposed to a wide range of medical conditions and will have the chance to work with patients from diverse backgrounds. This is an opportunity to develop your clinical skills, build relationships with patients and colleagues, and make a difference in the lives of others.

We wish you all the best as you commence this next phase of your medical education.

Marios Loukas, MD, PhD - Dean, School of Medicine

Robert T. Grant, MD, MSc, FACS - Senior Associate Dean, Clinical Studies

## Associate Dean of Clinical Studies UK

*As Associate Dean of Clinical Studies UK, Professor Stoker has responsibility for the academic aspects of the clinical programme in the UK. He reports to Robert T. Grant, MD, MSc, FACS the SGU Senior Clinical Associate Dean, and Dean of the School of Medicine Marios Loukas, MD, PhD.. Dean Stoker is supported by the UK Deans' Advisory Board, consisting of the UK Assistant Dean of Students, the UK Assistant Dean of Students and Associate Director of Career Guidance UK and the seven UK Departmental Associate Chairs. Professor Stoker is a Consultant General and Upper GI Surgeon in London and for 30 years has been closely involved with undergraduate medical education at St George's University School of Medicine. He has held Clerkship Director and Director of Medical Education posts in the past and was the UK Chair of the Department of Surgery for SGU for 12 years. He has extensive experience of London Medical School education having been Undergraduate Sub-Dean at North Middlesex University Hospital, and having sat on the University College London Undergraduate Education Committee for many years.*

### Message from the UK Associate Dean To St George's students

Greetings! You will have already experienced from your time spent studying the basic medical sciences on the island of Grenada, the amazing educational value of study combined with travel. So, when you come to begin clinical training, your basic science knowledge will have vastly increased, but your knowledge of other cultures will have also further enriched your life experience which will remain with you forever. This makes St. George's International University School of Medicine unique, and you are strongly encouraged to continue to take advantage of combining your clinical training with travel. This is why St George's is truly international, offering medical education on three continents. You therefore have a golden opportunity to participate in clinical training in both the UK and the USA, a course strongly recommended and rightly endorsed by the School. Medical schools' curricula are increasingly focusing on culture and ethnicity to produce doctors adequately trained for the global world in which we now live. St. George's has been in the vanguard of this approach for many years.

The UK Clinical Faculty are very proud of their long and close association with St George's and its students which began in 1979 and is a tradition they all wish to maintain.

The 14 Affiliated National Health Service Hospitals where you will be taught are all very busy with an unsurpassed wealth of clinical material both in variety and number. Emphasis is on out-patient clinical teaching, ward rounds and theatre time, as well as significant study time.

Students give regular clinical presentations, with close attention being paid to the art of taking a focused history and the learning of patient centred communication skills. This stresses the importance we place on the humanistic and empathetic aspects of medicine - the Art of the Science. Given the importance of the end of core NBME exams which all students must pass in order to graduate, great emphasis is placed on teaching clinical knowledge, but physical examination is also taught and assessed, thereby building on the clinical skills learnt in Grenada. Teaching is often on a one-to-one basis.

We have a fully trained, UK based, administrative team, who are able to answer any queries you may have about the UK Clinical Programme. Our staff contact details can be found in the brochure. Each hospital also has a Student Coordinator who is there to help you with accommodation, timetables and any social queries or concerns, and there is also a Director of Medical Education who is overall responsible for teaching at each Hospital. The DME is assisted by Clerkship Directors for all Core rotations, who will guide you through your timetables and also aid you at the mid-core and final assessment.

All hospitals have excellent internet access, and have libraries containing standard textbooks from the School's recommended reading list, and many on-line medical journals. Given the importance of the NBME exams we now have an NBME preparation Workshop for you to attend at the beginning of your UK attachments, introducing you to clinical work, and how to approach these crucial exams. We also have a Mentoring scheme where all students can have access to a mentor.

All students arriving in the UK participate in a SIM Lab simulation course on critical illness which also emphasises communication skills. You will also have continual open access to postgraduate career advice through the UK Office of Career Guidance.

In the past, primary care teaching in the UK was confined to Emergency Medicine but we now have an increasing number of affiliated General Practices who teach General Practice/Family Medicine. They offer six-week cores, preferably at the end of the third year, and four-week electives in the fourth year.

Given the relatively small size of our country, travel is easy, by train or bus or car; no need for high expenditure on air fares once you are here. The UK is also a great place to visit with its long and great history, traditions, art, architecture, music, theatre, countryside and some wonderful old English pubs, so it's a great place for extra-curricular activities including sport. Some hospitals have access to sporting centres and gymnasias.

Please do consider coming to the UK for some of your clinical training and witness the National Health Service, which since its inception in 1948 has provided healthcare to all patients free at the point of delivery.

**David L Stoker BSc MBChB MD FRCS(Ed) FRCS(Eng)**

## Members of the UK Dean's Advisory Board

**Professor and Associate Dean of Clinical Studies UK**

**Mr David Stoker BSc MBChB MD FRCS(Ed) FRCS(Eng)**

Mr Stoker is a General Surgeon from Edinburgh who was selected as Consultant to the North Middlesex University Hospital London in 1995, with appointments there including Associate Medical Director, Divisional Director and Undergraduate Sub-Dean. He was also a Consultant to University College London Hospitals and initiated their Department of Oesophagogastric Cancer Surgery in 2004. He has an interest in undergraduate education and was a Senior Examiner for both UCL and SGU Final Exams.

He has taught SGU students since 1992, holding positions as Clerkship Director, and DME, before being appointed UK Associate Chair of Surgery in 2011. He became UK Associate Dean of Clinical Studies in July 2022, and is involved with NBME training, and monitoring of student and hospital performance.

**Professor and Assistant Dean of Student Affairs UK and Associate Chair of Surgery**  
**Mr Lee Dvorkin MD FRCS**

Mr Dvorkin graduated from Leeds university Medical School in 1997. He completed his training in Wessex & London before being appointed as a Consultant Surgeon at the North Middlesex Hospital, London in 2011. He is also an Honorary Senior Lecturer at UCL. Mr Dvorkin has an interest in undergraduate and postgraduate education has been a Training Programme Director and Undergraduate Surgery Lead. He has been actively involved with St George's since 2011, having held positions of Clerkship Director for Surgery and DME.

**Associate Professor and Assistant Dean of Academic Studies UK**  
**Dr Timothy Owen MBChB MRCP Msc.**

Dr Owen is a General Practitioner (Family Medicine) for The Adam practice in Poole Dorset. He is the training lead, hosting medical students from St Georges University, Imperial, University College London and Southampton University. Dr Owen also acts as a supervisor for physician associate students for The Adam practice.

He received an MSc in Tropical disease parasitology and vector control from Liverpool School of Tropical Medicine. His Interests in undergraduate training are longstanding and he has been an OSCE examiner for Southampton Medical School and a Problem Based Learning facilitator for Liverpool medical School.

He has been actively involved with St George's since 2018, having held positions of Clerkship Director for Family Medicine.

**Assistant Professor and Associate Dean of Academic Advising UK**  
**Ms Beryl De Souza MPhil BSc(Hons) MBBS FRCS(Eng) MEd**

Beryl De Souza trained as a Biochemist and completed a Master of Philosophy in nerve regeneration before studying Medicine at St Bartholomew's Hospital as a graduate student. She trained as a Plastic Surgeon in London and is Honorary Clinical Senior Lecturer in Plastic Surgery at Imperial College, and Postgraduate tutor at Central North West London Lead Provider. She has a research interest in wound healing and scars and medical education. Beryl has been involved in teaching SGU students Surgery and providing careers advice for the UK Foundation Programme.

**Professor & Associate Chair of Medicine**  
**Dr Jimmy Li Voon Chong BA MB BCH BAO MD MRCPI FRCP**

Dr Chong graduated from Trinity College Dublin. He was appointed Consultant Physician, Diabetologist and Endocrinologist in Winchester in 2000. He has been involved in undergraduate and postgraduate education over the years holding various leadership roles and is National and International Chair of examiners for the Royal College of Physicians. Dr Chong has taught St George's medical students since 2000, has held the post of clerkship director, currently DME and UK Associate Chair for Medicine.

**Associate Professor and Associate Chair of Family Medicine and Emergency Medicine, Director of MSRI UK**

**Dr Adnan Saad MBBS Bsc (Hons) DFFP PCME MRCS MRCGP M.Phil**

Dr Saad qualified from Guy's & St Thomas' Hospitals, London, in 1995. He is a Full Partner, the Care Quality Commission lead and chief trainer for Sheepcot Medical Centre for resident trainees, FY2 doctors and medical students. Dr Saad has been involved in the interview selection panel for Imperial College School of Medicine, from whom he has been awarded for his outstanding work and contribution. He is a medico legal expert, working closely with solicitors and the Courts. When time allows he loves watching sci-fi, action, horror movies and box sets, and also enjoys training at the gym and a good meal out.

**Professor and Associate Chair of Obstetrics & Gynaecology**

**Mr Tim Hillard BM DM FFSRH FRCOG**

Timothy Hillard graduated from Southampton University Medical School and spent most of his Obstetrics & Gynaecological training at King's College Hospital London where he developed his special interests in Uro-gynaecology and Menopause. He completed his MD thesis on Osteoporosis. He was appointed as a Consultant in Poole in 1994 and has held a variety of senior positions within the Trust including Associate Medical Director. He has a longstanding interest in Patient Safety and Quality Improvement and until recently was the RCOG (Royal College of Obstetrics & Gynaecology) lead for patient safety. He has previously been Clerkship Director for St George's University at Poole Hospital for a number of years and was appointed Associate Chair of Obstetrics & Gynaecology in April 2019.

**Associate Professor and Associate Chair of Paediatrics**

**Dr Mary-Anne Morris MB BS MD MRCP FRCPCH**

Dr Morris graduated from St Thomas Hospital, University of London. She completed her training in London before moving to Norwich as a Consultant Paediatrician in 2001. She has an interest in undergraduate and postgraduate education and is an Honorary Senior Lecturer at University of East Anglia. She has been actively involved with St George's as a teacher since 2001, as Clerkship Director for paediatrics since 2007 and as a Final Clinical Competence Examiner.

**Associate Professor and Associate Chair of Psychiatry**

**Dr Brian Douglas MB ChB MRCPsych**

Dr Brian Douglas graduated from Glasgow University Medical School in 1988 and trained in London at Guys and St Bartholomew's Hospitals in Adult General Psychiatry. He became a Consultant Psychiatrist at St Ann's Hospital, London in 2001 for Barnet, Enfield and Haringey Mental Health NHS Trust. He has previously been Clerkship Director and DME for St George's University at St Ann's and has been the UK Associate Chair of Psychiatry since 2012. He was formerly an Honorary Clinical Senior Lecturer at UCL Medical School, London and the Trust's Director of Medical Education. Since 2020 he has been an Honorary Tutor in Medical Education at Barnet, Enfield & Haringey Mental Health NHS Trust.

**Director of Simulation-Based Education**

**Mr David Gaunt**

Now EM Consultant and Associate Chief Clinical Information Officer at Stoke Mandeville Hospital, and previously DME at Watford

# The UK Clinical Program

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## UK Administrative Office

**Alison Allen**

**Manager of Clinical Education Operations UK**

[ukclinical@sgu.edu](mailto:ukclinical@sgu.edu)

Main Responsibilities:

UK Placements, Third Year Cores, UK Visas, Study Days, Licensure and UK Foundation Programme

Phone: +1-631-665-8500 ext 1729    UK Freephone: 0800-169-9061 ext 1729

**Marsha Beck**

**Clinical Student Administrator**

[ukclinical@sgu.edu](mailto:ukclinical@sgu.edu)

Main Responsibilities:

Elective Forms, Mandatory Forms, Electronic Assessments, 4th Year Elective Scheduling

Phone: +1-631-556-8500 ext 1728    UK Freephone: 0800-169-9061 ext 1728

**Sarah Robertson**

**Programme Coordinator**

[ukadminsUPPORT@sgu.edu](mailto:ukadminsUPPORT@sgu.edu)

Main Responsibilities:

Accounts, Reimbursements and Hospital Billing, Academic Meetings, SGU UK Brochure

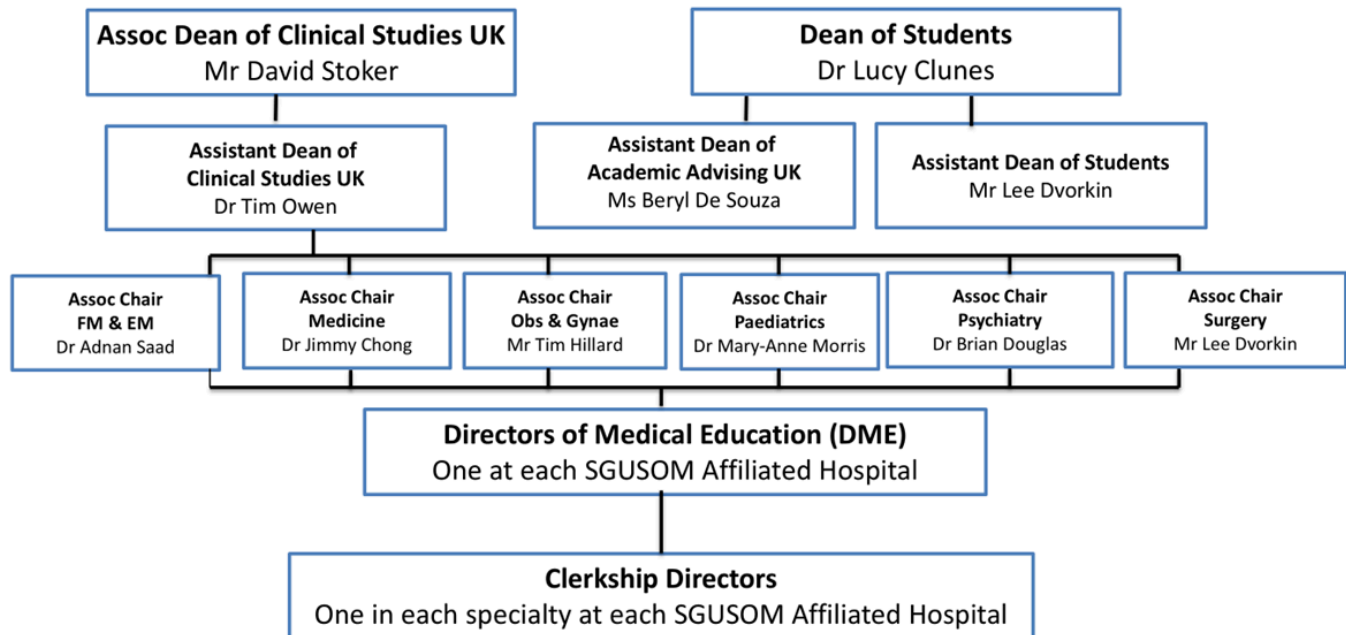
Phone: +1-631-556-8500 ext 1727    UK Freephone : 0800-169-9061 ext 1727

**UK Clinical Website:**

<https://myuniversity.sgu.edu/pages/sgu-clinical-uk>

## SGUSOM United Kingdom

# SGUSOM UNITED KINGDOM



There is a designated Student Co-ordinator at each of the affiliated hospitals who has responsibility for the SGUSOM students

7

## UK Start Dates and How to Arrange Your Placement

All clinical clerkships are arranged through the Office of Clinical Education Operations. The Office of Clinical Education Operations encompasses the UK Clinical Education Operation team. Placement for UK hospitals is done with the UK Clinical Education Operations team.

### Students COMMENCING their 3rd Year clinical rotations

All students entering their first clinical rotation MUST start on one of our UK start dates which are shown below:

| UK Start Dates   |                   |
|------------------|-------------------|
| 12 May 2025      | 23 June 2025      |
| 18 August 2025   | 29 September 2025 |
| 10 November 2025 | 5 January 2026    |
| 16 February 2026 | 30 March 2026     |
| 11 May 2026      | 22 June 2026      |



### **3rd Year students who have already completed one or more clinical rotations**

Students who have already completed 1 or more of their clinical rotations in the United States and wish to come to the United Kingdom for further 3rd year core rotations must also start on one of the above dates.

### **Placement Process**

Once you have submitted all the required clearances for placement, the US Clerkship Placement Team will notify the UK Office who will then process your placement request according to availability. You will be given the appropriate UK visa paperwork depending on how long you are planning to study in the UK. If you will be studying in the UK for longer than 6 months, you will be provided with a CAS number for your UK Student Visa application.

The UK Office Staff will assist you with any queries which you may have prior to and during your time in the United Kingdom. We look forward to seeing you in the United Kingdom and will endeavour to make your transition from the Basic Sciences to the Clinical Programme as smooth as possible.

UK Office contact details

**Email:** [ukclinical@sgu.edu](mailto:ukclinical@sgu.edu)

### **4th Year students wanting to complete electives**

UK electives must be requested using UK Elective request forms located on the Clinical Portal. 4th year students can start any elective on any date throughout the year as long as it is a Monday. Electives must be a minimum of 4 week duration in the UK.

### **Clinical Placement Preference Form**

You will be asked to complete the Clinical Placement Preference form during Term 5 of Basic Sciences and you should request UK placement on this. In addition, you are also required to complete the UK Clinical Placement Request Form if you want UK placement. In order to have your UK Application reviewed, you must have no holds, be health cleared and have completed all of your web-based Sakai requirements. The UK Clinical Education Operations Team will review your application and contact you with the next steps for placement. You will be given the appropriate UK visa paperwork depending on how long you stay in the UK. If you will be studying in the UK for longer than 6 months you will be provided with a CAS number for your UK Student Visa application. If you have questions regarding immigration, please contact our Immigration team at [immigrationsupport@sgu.edu](mailto:immigrationsupport@sgu.edu).

We are always here to help!

## **Visa Information for Students Entering the UK Clinical Programme**

### **Which type of visa?**

Please follow the link below and input your personal information to find out your entry requirement to the UK:

<https://www.gov.uk/check-uk-visa>

There are 2 entry routes that students can use to enter the UK for study; the one you require will depend on how long you are undertaking UK rotations/electives for and what nationality or citizenship you hold.

#### **Rotation length of 6 months (24 weeks) or less**

- **ETA (Electronic Travel Authorisation) required – for non-visa nationals. Apply for before travelling to the UK.** [Apply for an electronic travel authorisation \(ETA\) - GOV.UK](#)
- **Visitor Visa required for visa nationals. Apply for before travelling to the UK. The SGU UK Office will provide a supporting letter for your application.** When you submit a visa application, all supporting documents listed in the UKVI application form must be submitted at the same time as your application. **This is your personal responsibility.**
- [Visit the UK as a Standard Visitor: Overview - GOV.UK](#)

#### **Rotation length of longer than 6 months (24 weeks)**

- Apply for a **Student Visa** which requires a **CAS number** issued by the SGU UK Office. [Student visa: Overview - GOV.UK](#)
- Students are required to provide specific information to the SGU UK Office so that a CAS number can be issued. This includes passport number, nationality, date of birth and country of birth.
- When you submit a visa application, all supporting documents listed in the UKVI application form must be submitted at the same time as your application. **This is your personal responsibility.**
- A CAS number CANNOT be issued until a student has been cleared for placement into the UK Clinical programme.
- **UK passport holders** do not need a visa to enter the UK

#### **Compliance with the terms of your Student Visa once you are in the UK**

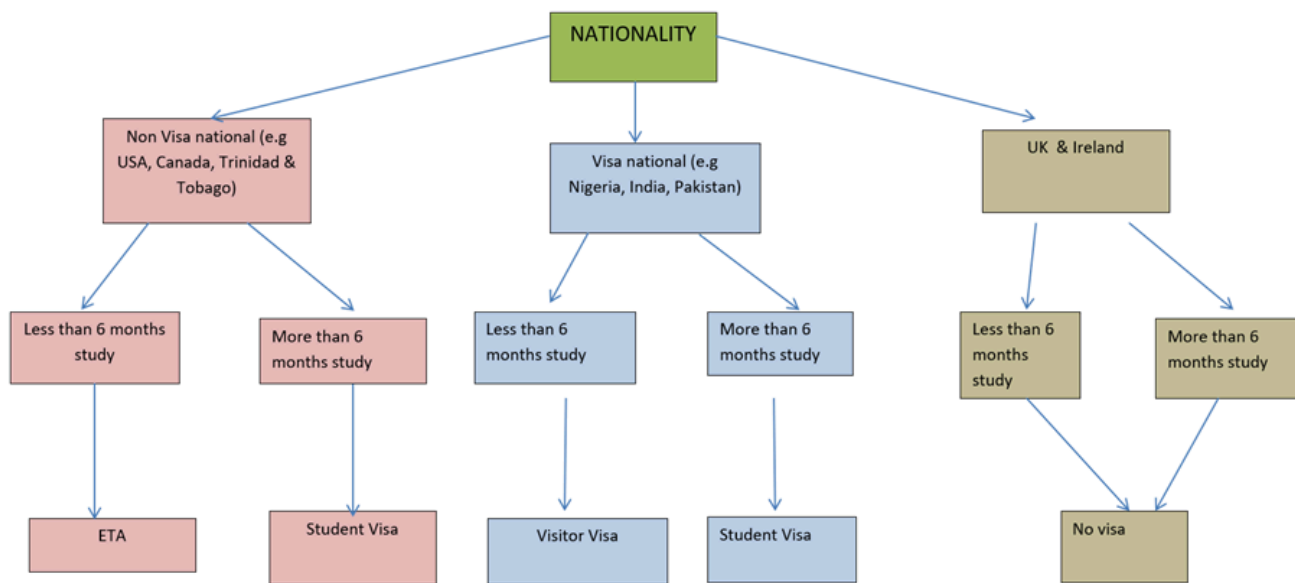
On arrival in the UK you must immediately provide the following to the UK Office

1. A copy of the page in your passport showing your personal details and passport number
2. A copy of the page in your passport showing your UK visa vignette
3. A screenshot of your eVisa showing the expiry date or your eVisa digital share code
4. A signed copy of the Mandatory Information Form which you will receive from your Student Coordinator at your hospital.

You must also immediately report any of the following changes in your circumstances to the SGU UK Office (this is a UKVI requirement):

1. Contact details, including address, email address and telephone numbers
2. Any amendments to your clinical placement schedule
3. Any leave of absence from your clinical rotations and if you leave the UK for any reason.

#### **UK Visa Flow Chart:**



## The Clinical Curriculum

# The Clinical Curriculum

| Core Rotations                      | Weeks     |
|-------------------------------------|-----------|
| Internal Medicine                   | 12        |
| Obstetrics and Gynecology           | 6         |
| Pediatrics                          | 6         |
| Psychiatry                          | 6         |
| Surgery                             | 12        |
| <b>Additional Requirements</b>      |           |
| Family Medicine                     | 4-6       |
| Sub-Internship (any core specialty) | 4         |
| Internal Medicine Required Rotation | 4         |
| Electives                           | 24 - 26   |
| <b>Total</b>                        | <b>80</b> |

# The UK Clinical Programme

All students entering the UK Clinical Programme for their first core rotation will be placed at one of the UK Core hospitals. These hospitals are part of a concept of Clinical Training Centres which have been established in the UK. Core rotations may only be taken at a Core hospital. Students wishing to undertake sub internships and electives can complete these at any of the UK hospitals. Students are now required to remain within the CTC they were initially allocated for the initial 18-24 weeks. After this it is possible to move to another hospital in a different CTC to complete your clinical requirements if places are available.

## The UK Clinical Training Centres

### **The Greater London Clinical Training Centre**

**Chairman Mr Arnold Goede, DME at Stoke Mandeville Hospital**

North Middlesex University Hospital: Cores and Electives

St Ann's Hospital, London: Cores and Electives (Psych only)

Stoke Mandeville Hospital: Cores and Electives

Watford General Hospital: Cores and Electives

Sheepcot Medical Centre: Family Medicine (GP), Cores and Electives

Berrycroft Community Health Centre: Family Medicine (GP), Cores and Electives - Non Title iV students only

The Lawrence House Group: Family Medicine (GP), Cores and Electives - Non Title iV students only

### **The East Anglia Clinical Training Centre**

**Chairman Dr Jon Wilson, DME at Hellesdon Hospital**

Hellesdon Hospital: Cores and Electives (Psych only)

Norfolk & Norwich University Hospital: Cores and Electives

### **The West Midlands Clinical Training Centre**

**Chairman Prof Saud Ishaq, DME at Russells Hall Hospital**

Russells Hall Hospital: Cores and Electives

### **The Wessex Clinical Training Centre**

**Chairman Dr Simon Crowther, DME at Poole General Hospital**

North Hampshire Hospital: Cores and Electives Poole General Hospital: Cores and Electives

Royal Hampshire County Hospital: Cores and Electives St Ann's Hospital, Poole: Cores (Psych only)

The Adam Practice: Family Medicine (GP), Cores and Electives

## Location of the UK Affiliated Hospitals



## Basic Organisation of Healthcare Delivery in the UK

The UK National Health Service was launched in 1948 and has grown to become the world's largest, most efficient, egalitarian, and comprehensive publicly funded health service in the world. It is funded centrally from national taxation, and its core principle is that it is free at the point of delivery, apart from charges for prescriptions, optical and dental services. The rights of patients, carers, families, staff, and the pledges of the NHS are set out in an NHS Constitution.

Before the Covid pandemic of 2020/21 the NHS employed more than 1.5 million people including 36,000 general practitioners, 280,000 nurses, midwives, and health visitors, 20,000 ambulance staff, 135,000 scientific, therapeutic, and technical staff, 35,000 managers and 45,000 consultants.

The service in England treated 1 million patients every 36 hours, and total spending by the Department of Health and Social Care in 2019/20 approximated £143 billion. This was set to rise to £163 billion by 2023. UK health expenditure amounts to 11.9% of GDP.

The NHS is divided into two sections called Primary and Secondary Care. Primary Care is the first point of contact with the service for most people and is delivered by a wide range of independent contractors including General Practitioners (GPs), dentists, pharmacists, and optometrists. Secondary Care can be either elective or emergency. Elective care means planned specialist medical or surgical care, usually in a hospital setting, following referral from a primary or community health professional such as a General Practitioner (GP, or Family Practitioner in the US). The term Tertiary care is used to describe some highly specialised areas for patients with complex needs.

Integrated Care Systems (ICSs) have recently taken over from Clinical Commissioning Groups or CCGs. These are area-based agencies responsible for planning local health services and reducing inequalities. England is being divided into 42 ICSs in the largest legislative overhaul in a decade (July 2022). They will vary a lot in their structures and complexity and be overseen by an Executive body - NHS England and will integrate care to improve health outcomes in all age groups and across previous boundaries such as local authorities, public health and mental health services.

## **PRIMARY CARE**

Primary medical care in the UK is delivered by GPs who have been trained in the full range of common medical and surgical conditions affecting the population. The majority are now organised into Health Centres or Practices containing up to 20 GPs working as a team to provide for their local patients. Each GP has an average of 2250 residents registered with their personal practice. All UK residents must register with a GP, and they will then obtain free healthcare for illness, routine health checks, vaccinations etc. The community-based GP is therefore the cornerstone of the NHS providing most medical care in the UK.

Healthcare professionals, including medical students, should be registered with a GP close to where they live.

GPs deal mainly with chronic health problems, and less urgent acute disorders that can be managed at home. When a patient sees a GP with a more complex problem, the GP will refer them for an outpatient appointment with a consultant specialist. The waiting time for a consultation should be a few weeks and should not exceed 18 weeks to completion of treatment, although multiple pressures have now seriously eroded these targets.

When a patient has a more acute problem, they may consult a GP for an urgent appointment or telephone consultation (dial 111), with onward referral to acute hospital services via an Accident & Emergency (A&E) Department (ER in the US) or an Acute Admissions Unit (AAU). In a serious emergency, patients may self-present to A&E or summon an ambulance (dial 999) directly to their location, where after assessment by paramedics, they will, if necessary, be taken directly to the nearest A&E department. Targets for A&E waiting times of 4 hours were set centrally but are often breached.

## **SECONDARY CARE**

The basic unit of secondary care is the NHS Trust. There are 215 Trusts overseeing 1,600 NHS hospitals and specialist care centres. Within NHS hospitals, senior clinicians ranked as consultants (Attending in the US) are organised into teams within the same specialty (General Medicine, Cardiology, Gastroenterology). Most consultants will be ward-based and will provide emergency services on a rota as well as more specialised services within their area of expertise in clinics (out-patients). Most consultants supervise teams of qualified doctors undergoing specialist training. A typical department will comprise several consultants, a few middle-grade doctors – Trust doctors or Specialist Registrars (SpRs) - supported by more junior doctors known as Core Trainees (CT1 or 2) and underpinned by several newly qualified doctors in the first and second years (FY1 or 2) of post-graduate training.

Consultants' timetables include in-patient ward rounds, supported by trainees, with further time spent in clinics, theatres or with administration. Most consultants will work on an emergency rota, commonly referred to as "on take", assessing new emergency admissions within their specialty, and admitting patients to hospital when necessary.

An SGU student in the UK is typically attached to a specific consultant's department where they will work, observe, and be taught by all the clinical staff, directed by the consultant. Teaching includes skills in history taking, physical examination, practical procedures, and the development of clinical management plans. The student will attend with the team in A&E when on take, and in clinics, theatres and on ward rounds. Learning is backed up by a range of academic activities including tutorials, seminars, lectures, practical sessions, and larger educational meetings such as Grand Rounds and multidisciplinary team meetings (MDTs).

The NHS is the most comprehensive free healthcare system in the world and is immensely valued by the UK public. It has provided the widest ranging and the most intensive learning opportunities of any international healthcare system.

Covid challenged all health systems, with previous emergency medical planning focused on pandemic 'flu. As of October 2022 there were 23.8 million cases of Covid in the UK, with 208,000 deaths, including several hundred healthcare workers. In 2020, routine services were suspended for months and are only now recovering, with long waits for elective surgery and clinic appointments. The NHS only survived due to the efforts of very dedicated staff.

Recruitment and retention remain serious issues, with more staff taking early retirement or leaving healthcare, and it is hoped that ICSs will help to address these issues.

The Covid pandemic also marked great scientific achievements, and in the UK we deployed the world's first Covid-19 vaccinations (AstraZeneca) in December 2020. This technology will undoubtedly lead to further advances in the treatment of many diseases, including cancer, over the next decade and only you, as the doctors of the future, will be able to fully appreciate the long-term consequences.

*-David L Stoker MD FRCS*  
SGU Associate Dean of Clinical Studies (UK)

## UK Hospital Affiliates

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### North Middlesex University Hospital

**Clinical Training Centre:** Greater London Clinical Training Centre

**Address:**

North Middlesex University Hospital  
Sterling Way, Edmonton, London. N18 1QX

**Telephone No:** 0208 887 2000

**Cores Available:** Medicine, Obstetrics & Gynaecology, Paediatrics, Surgery  
(Psychiatry at St Ann's Hospital, London) (Family Medicine at Lawrence House GP Surgery)

**Electives Available:** See [Electives Offered at UK Hospitals](#)

**Website:** [North Middlesex University Hospital | Royal Free London](#)

**Director of Medical Education:** Mr. Lee Dvorkin

**Student Coordinator:** Carole Sammy

**Contact Details:**

0208 887 3379 (Telephone)

[carole.sammy@nhs.net](mailto:carole.sammy@nhs.net)

**Accommodation type:** £308 per week for ensuite rooms with shared kitchen diner and access to social spaces (available until 23/08/2025). £702.25 per month, based on a 2-bedroom flat with shared kitchen, bathroom and lounge.

**Accommodation cost per month:** From £702.25

**Internet access in bedrooms:** Yes (Wi-Fi)

**Immunisation requirements:** Tetanus, Polio, Hep B, Hep C, Diphtheria, Rubella & TB

**Travel time to London by train:** 25 minutes

***The Trust & the Hospital***

**The North Middlesex University Hospital**

NHS Trust operates a busy acute general hospital serving the communities of the London Boroughs of Enfield and Haringey, and surrounding areas. It serves a diverse and, in places, highly dependent population of approximately a quarter of a million people. The Hospital is approximately 12 miles from the centre of London. The Trust currently provides the following range of acute services: 24 Hour Accident and Emergency, a comprehensive range of diagnostic and outpatient department services, elderly medicine, elective surgical specialties, intensive care, high dependency care and coronary care, obstetrics & gynaecology, oncology, haematology, HIV/AIDS, diabetes, renal and cardiology, paediatric inpatients and outpatients and neonatal. Other facilities at the hospital include a dedicated 24/7 A&E for children, a diagnostics centre incorporating a £1.2 million 3-tesla MRI, 2 CT scanners, 4 ultrasound units and a mammography unit, a spacious outpatients department and a critical care unit.

## St Ann's Hospital, London

**Clinical Training Centre:** Greater London Clinical Training Centre

**Address:** St Ann's Road, London, N15 3TH

**Telephone No:** 0208 702 3000

**Cores Available:** Psychiatry ONLY

**Electives available:** Psychiatry

**Website:** [www.beh-mht.nhs.uk](http://www.beh-mht.nhs.uk)

**Director of Medical Education:** Dr. Matthew King

**Student Coordinator:** Suleman Bhana



**Contact Details:**

0208 702 3885 (Telephone)

[suleman.bhana@nhs.net](mailto:suleman.bhana@nhs.net)

**Accommodation type:** Single study bedroom in a 2 person shared flat (at N Middlesex University Hospital)

**Accommodation cost per month:** From £702.25

**Internet access in bedrooms:** Yes

**Immunisation requirements:** Tetanus, Polio, Hep B, Hep C, Diphtheria, Rubella & TB

**Travel time to London by train:** 25 minutes

***The Trust & the Hospital*****St. Ann's Hospital, London**

When rotating through North Middlesex University Hospital the psychiatry rotation is undertaken at St Ann's Hospital which has a specialist psychiatric unit offering an extensive range of services to the local community. The Hospital has a sizeable Mental Health Unit, consisting of an acute assessment ward, short stay unit, Eating Disorders Unit and the Home Treatment Unit.

## Stoke Mandeville Hospital

**Clinical Training Centre:** Greater London Clinical Training Centre

**Address:**

Stoke Mandeville Hospital  
Mandeville Road, Aylesbury, Buckinghamshire HP21 8AL

**Telephone No:** 01296 315000

**Cores Available:** Medicine, Surgery

**Electives Available:** See [Electives Offered at UK Hospitals](#)

**Website:** [www.buckshealthcare.nhs.uk](http://www.buckshealthcare.nhs.uk)

**Director of Medical Education:** Mr Arnold Goede

**Student Coordinator:** Hrishi Kizhikkiyil

**Contact Details:**

01296 838636 (Telephone)

[h.kizhikkiyil@nhs.net](mailto:h.kizhikkiyil@nhs.net)

**Accommodation type:** Single en-suite study bedroom with shared kitchen & lounge

**Accommodation cost per month:** £560 including all bills

**Internet access in bedrooms:** Yes (Wi-Fi)

**Immunisation requirements:** Diphtheria, Tetanus, Polio, Measles, Mumps, Hep B, Rubella, Varicella & TB

**Travel time to London by train:** 55 minutes

### ***The Trust & the Hospital*** **Stoke Mandeville Hospital**

Buckinghamshire Healthcare NHS Trust is a major provider of community and hospital services in South Central England. Stoke Mandeville Hospital provides a wide range of services to Buckinghamshire and beyond including 24 hour Accident and Emergency, trauma, maternity, cancer care and outpatient services. The hospital also recently became a national bowel cancer screening programme site and has a regional burns and plastics unit providing specialist services to a wide spread of patients, as well as being the base for eye care for the area. The hospital has undergone extensive renovation in the past five years and new multi-million pound inpatient and outpatient buildings are now open. Stoke Mandeville Hospital is home to the internationally recognised National Spinal Injuries Centre, one of only 11 such centres of expertise in the UK. It is also a regional centre for burns care, plastic surgery and dermatology, and recognised nationally for its urology and skin cancer services.

## **Watford General Hospital**

**Clinical Training Centre:** Greater London Clinical Training Centre

**Address:** Vicarage Road, Watford, Hertfordshire. WD18 0HB

**Telephone No:** 01923 244366

**Cores available:** General Practice (FM) only at Sheepcot Medical Centre, Medicine, Obstetrics & Gynaecology, Paediatrics, Psychiatry, Surgery

**Electives Available:** See [Electives Offered at UK Hospitals](#)

**Website:** [www.westhertshospitals.nhs.uk](http://www.westhertshospitals.nhs.uk)

**Director of Medical Education:** Mr. Neil Davies

**Student Coordinator:** Phyl O'Garro

**Contact Details:** 01923 217817 (Telephone) [phyl.ogarro@nhs.net](mailto:phyl.ogarro@nhs.net)

**Accommodation type:** Single study bedroom in shared 2 person flat, shared kitchen & bathroom

**Accommodation cost per month:** £550

**Internet access in bedrooms:** Yes

**Immunisation requirements:** Tetanus, Polio, Hep B, Rubella & TB

**Travel time to London by train:** 20 minutes

### ***The Trust & the Hospital*** **Watford General Hospital**

West Hertfordshire Hospitals NHS Trust provides acute healthcare services to a population of approximately half a million people living in West Hertfordshire and the surrounding area. The Trust also provides a range of more specialist services to a wider population. Watford General Hospital is one

of three hospitals making up West Hertfordshire Hospitals NHS Trust. It is a large acute hospital offering first class emergency care, as well as providing a full range of other services. All major specialties are covered including obstetrics & gynaecology, paediatrics, psychiatry, oral & maxillo-facial surgery and genito-urinary medicine. Watford General Hospital has the largest Acute Admissions Unit in the UK with 120 designated beds in a new unit, which includes diagnostics and pharmacy.

The Medical Education Centre (MEC) benefits from a designated clinical skills teaching room and regular teaching is scheduled for all students delivered by clinical skills facilitators supported by Junior Doctors. The MEC co-ordinates designated teaching for SGISM medical students who are also encouraged to attend the UK medical student and junior doctor teaching. Teaching will also take place in the clinical arena whenever possible. In addition to SGISM students the hospital accepts medical students from one of the main London teaching hospitals (UCL). Building good relationships with junior doctors is integral to learning and to support the medical students they are given membership of the onsite Junior Doctors Mess for the duration of their rotations at Watford General. There is an active Doctors Mess Committee, facilities in the Doctors Mess include Sky TV, pool and table football. Social events and lunches are arranged regularly.

## Sheepcot Medical Centre

**Clinical Training Centre:** Greater London Clinical Training Centre

**Address:** 6 Cunningham Way, Watford, Herts. WD25 7NL

**Telephone No:** 01923 672451

**Cores available:** General Practice (FM) only

**Electives Available:** General Practice (FM) only

**Website:** [www.sheepcotmedicalcentre.co.uk](http://www.sheepcotmedicalcentre.co.uk)

**Clerkship Director:** Dr Adnan Saad

**Student Coordinator:** Ellie Osler

**Contact Details:**

01923 672451 ext. 300 (Telephone)

[ellie.osler1@nhs.net](mailto:ellie.osler1@nhs.net)

**Accommodation type:** At Watford General Hospital, single study bedroom in shared 2 person flat

**Accommodation cost per month:** £550 (at Watford General)

**Internet access in bedrooms:** Yes

**Immunisation requirements:** Tetanus, Polio, Hep B, Rubella & TB

**Travel time to London by train:** 30 minutes

### ***The Trust & the Hospital***

#### **Sheepcot Medical Centre**

Sheepcot Medical Centre has been a training practice for about 15 years. We are fully committed to meeting the training needs of the students/ trainees by opening them to a wide variety of GP roles under supervision. We pride ourselves in maintaining excellent standards of teaching and training

through the high skills of our trainers and GPS as well as the highly organised management and administration team. The practice has been awarded for its high standard of teaching and training medical students. The practice serves a population of about 11,000 patients allowing for a very wide range of pathologies- both acute and chronic, patients of diverse age, social, medical and psychological backgrounds. The Practice also has specialised clinics for minor surgery, child health development, contraception, implant and intrauterine device insertion and removal that the student may attend. Furthermore, we have close links with local nursing homes which provide a further wealth of pathology and learning opportunity for the attached trainees. Students will have an allocated clinical tutor whose responsibility it is to oversee their educational needs. The timetables will provide the opportunity for direct patient contact in a supervised setting with the doctors and nurses. They are encouraged to integrate with different team members in primary care, and take part in case-based discussion as well as attending multidisciplinary team meetings and practice meetings as well. Sheepcot Medical Centre has its own conference room and library which can be used for educational development. Furthermore, there are plenty of computer terminals should the student wish to access IT resources to further their educational needs.

## Norfolk & Norwich University Hospital

**Clinical Training Centre:** East Anglia Clinical Training Centre

**Address:** Colney Lane, Norwich, Norfolk. NR4 7UY

**Telephone No:** 01603 286286

**Cores available:** Medicine, Obstetrics & Gynaecology, Paediatrics, Surgery (Psychiatry at Hellsdon Hospital)

**Electives Available:** See [Electives Offered at UK Hospitals](#)

**Website:** [www.nnuh.nhs.uk](http://www.nnuh.nhs.uk) and [www.pgme.nnuh.nhs.uk](http://www.pgme.nnuh.nhs.uk)

**Director of Medical Education:** Mr. Milind Kulkarni

**Student Coordinator:** Sophie Hickford

**Contact Details:** 01603 286873 (Telephone) [Sophie.Hickford@nnuh.nhs.uk](mailto:Sophie.Hickford@nnuh.nhs.uk)

**Accommodation type:**

Onsite – Single or double en-suite bedrooms with shared communal areas. Offsite- private renting, house shares & rooms (single, double & en-suite) with shared communal areas. Prices on request from letting agencies.

**Accommodation cost per month:** £750

**Internet access in bedrooms:** Yes

**Immunisation requirements:** Tetanus, Polio, Hep B, Rubella, Varicella & TB

**Travel time to London by train:** 2 hours

***Norfolk & Norwich University Hospital NHS Foundation Trust [NNUH]***

The Norfolk & Norwich University Hospital is a 1000-bed teaching hospital facility that opened in 2001. It houses a broad range of clinical disciplines which, along with the partner hospitals and General Practice within the East Anglian Clinical Training Centre, offers learning across the full scope of the SCU

Clinical curriculum, including all core attachments and numerous electives. The NNUH is a teaching hospital in partnership with Norwich Medical school and adjacent to the main University of East Anglia (UEA) campus and Norwich Research Park creating a vibrant academic and research environment to which all students are exposed during their studies. The faculty, as well as being clinicians with recognised regional and national profiles, are also highly trained clinical educators with a proven record of excellence in undergraduate and postgraduate training. Many attract tertiary referrals from across the East of England region to their specialised services. Students are therefore exposed to patients with a wide range of clinical problems and have opportunities to work within teams offering the most up to date, innovative treatments. Educational facilities on campus are based in the hospital, the Norfolk & Norwich Institute of Medical Education and the Bob Champion Research & Education Building and include Simulation, virtual reality and Clinical Skills laboratories and an extensive library. Norwich is a fascinating city with a wealth of historic and cultural interest from its Roman origins, through its Norman castle and 11th Century cathedral, to a multiplicity of modern arts, music and theatre venues. Being the most complete medieval city in the UK, it has a flourishing arts, music and cultural scene, superb independent as well as High Street shopping, and a heritage that is a delight to explore. It was also England's first UNESCO City of Literature. The surrounding county has beautiful wetlands [the Norfolk Broads], coastline and countryside providing a huge variety of sport and leisure activities.

## Hellesdon Hospital

**Clinical Training Centre:** East Anglia Clinical Training Centre

**Address:** Drayton High Road, Norwich, Norfolk. NR6 5BE

**Telephone No:** 01603 421421

**Cores available:** Psychiatry ONLY

**Electives Available:** Psychiatry ONLY

**Website:** [www.nsft.nhs.uk](http://www.nsft.nhs.uk)

**Director of Medical Education:** Dr. Jon Wilson

**Student Coordinator:** Zoe Baines

**Contact Details:**

07534 902691 (Telephone)

[zoe.baines@nsft.nhs.uk](mailto:zoe.baines@nsft.nhs.uk)

**Accommodation type:**

Onsite – at Norfolk & Norwich Hospital - single or double en-suite bedrooms with shared communal areas. Offsite - private renting, house shares & rooms (single, double & en-suite) with shared communal areas. Prices on request from letting agencies.

**Accommodation cost per month:** £750

**Internet access in bedrooms:** Yes

**Immunisation requirements:** Tetanus, Polio, Hep B, Rubella, Varicella & TB

**Travel time to London by train:** 2 hours

### ***The Trust & the Hospital*** **Hellesdon Hospital**

Psychiatric Services in Norfolk are provided by Norfolk and Suffolk NHS Foundation Trust (NSFT), which provides inpatient and community mental health services across the large geographical area of Norfolk and Suffolk.

In the UK the focus of psychiatric care is in the community, with inpatient treatment only used for a small proportion of patients. The aim is to promote genuine recovery to encourage those using the services to regain their lives through dedicated specialist teams who work closely with patients, their carers, their families and other organisations to put together a plan of care which suits each individual person.

The psychiatric rotation in Norfolk offers students an experience across the whole of the patient's care pathway covering hospital settings and community care as well as a range of specialties including forensic, older adult, learning disability and children's mental health settings.

Students are exposed to a wide range of mental health issues and receive daily clinical teaching on an informal basis together with organised teaching rounds and benefit from a dedicated SGU Teaching Fellow who provides regular focused teaching sessions and mentoring. Most importantly the rotation offers a friendly and welcoming environment in which to learn.

## **Russells Hall Hospital**

**Clinical Training Centre:** West Midlands Clinical Training Centre

**Address:** Dudley, West Midlands, DY1 2HQ

**Telephone No:** 01384 456111

**Cores available:** Medicine, Paediatrics, Psychiatry, Obstetrics & Gynaecology, Surgery

**Electives Available:** See [Electives Offered at UK Hospitals](#)

**Website:** [www.dgh.nhs.uk](http://www.dgh.nhs.uk)

**Director of Medical Education:** Prof Saudid Ishaq

**Student Coordinator:** Ellis Deakin

#### **Contact Details:**

01384 321095 Ext 1219 (Telephone)

[ellis.deakin@nhs.net](mailto:ellis.deakin@nhs.net)

**Accommodation type:** 3 or 4 bedroom shared units with common lounge and kitchen

**Accommodation cost per month:** £400

**Internet access in bedrooms:** Yes

**Immunisation requirements:** Hep B, Rubella and TB

**Travel time to London by train:** 1 hour 40 mins

***The Trust & the Hospital***  
**Russells Hall Hospital**

Based in the heart of the West Midlands, The Dudley Group NHS Foundation Trust serves more than 400,000 people living in Dudley and the surrounding areas. The Trust provides a wide range of medical, surgical and rehabilitation services. The group is made up of three hospital sites, with one inpatient hospital (Russells Hall) located near the centre of Dudley and two outpatient hospitals (Corbett and Guest) located in Stourbridge and Dudley respectively. The Trust has services based firmly in the community for patients with long-term conditions, acute care needs, rehabilitation, end of life care and audiology. The hospitals are among some of the most technologically advanced in the country, where state-of-the-art equipment and modern, purpose-built buildings combine to create the highest standards of patient care.

## North Hampshire Hospital

**Clinical Training Centre:** Wessex Clinical Training Centre

**Address:** Aldermaston Road, Basingstoke, Hampshire. RG24 9NA

**Telephone No:** 01256 473202

**Cores Available:** Medicine, Obstetrics & Gynaecology, Paediatrics, Psychiatry, Surgery

**Electives Available:** See [Electives Offered at UK Hospitals](#)

**Website:** [www.hampshirehospitals.nhs.uk](http://www.hampshirehospitals.nhs.uk)

**Director of Medical Education:** Ms Amara Sohail

**Student Coordinator:** Fiona Stones

**Contact Details:** [01962 824851](tel:01962824851) (Telephone) [grenadian.students@hhft.nhs.uk](mailto:grenadian.students@hhft.nhs.uk)

**Accommodation type:** Four person shared flat, en-suite study bedroom

**Accommodation cost per month:** £500 - £549

**Internet access in bedrooms:** Yes

**Immunisation requirements:** Hep B, Rubella, Measles, Mumps, Polio, Tetanus, Varicella & TB

**Travel time to London by train:** 45 minutes

***The Trust & the Hospital***  
**North Hampshire Hospital**

Hampshire Hospitals NHS Foundation Trust serves a population of approximately 600,000 across Hampshire and parts of West Berkshire. North Hampshire Hospital has around 450 beds and provides a full range of planned and emergency services including accident and emergency, general and specialist surgery, general medicine, intensive care, rehabilitation, chemotherapy, diagnostic services, maternity, neonatal, gynaecology, paediatric care and out patient clinics. These include specialist services for rare or complex illnesses for patients across the UK, including liver cancer, colorectal cancer and pseudomyxoma peritonei (a rare lower abdominal cancer). There is also a purpose built diagnosis and treatment centre (DTC) which opened in 2005. North Hampshire Hospital has second, fourth and final year medical students from the University of Southampton and final year students from St George's Hospital, London as well as electives from other parts of the United Kingdom in addition to

taking St George's University students. The ARK Conference Centre adjacent to the department of postgraduate medical education hosts excellent weekly lectures, journal clubs and core training to support doctors' education.

## Poole General Hospital

**Clinical Training Centre:** Wessex Clinical Training Centre

**Address:** Longfleet Road, Poole, Dorset. BH15 2JB

**Telephone No:** 01202 665511

**Cores available:** General Practice (FM) only at The Adam Practice, Medicine, Obstetrics & Gynaecology, Paediatrics, Surgery (Psychiatry at St Ann's Hospital, Poole)

**Electives Available:** See [Electives Offered at UK Hospitals](#)

**Website:** [www.uhd.nhs.uk/hospitals-poole](http://www.uhd.nhs.uk/hospitals-poole)

**Director of Medical Education:** Dr Simon Crowther

**Student Coordinator:** Eve Harrison-Beck

**Contact Details:**

0300 019 8477 (Telephone)

[eve.harrison-beck@uhd.nhs.uk](mailto:eve.harrison-beck@uhd.nhs.uk)

[www.uhd.nhs.uk/hospitals-poole](http://www.uhd.nhs.uk/hospitals-poole)

**Accommodation type:** Single en suite study bedroom, shared kitchen

**Accommodation cost per month:** £504 at Poole General Hospital

**Internet access in bedrooms:** Yes

**Immunisation requirements:** Tetanus, Polio, Hep B, Diphtheria, Rubella & TB

**Travel time to London by train:** 2 hours

### ***The Trust & the Hospital***

#### **Poole General Hospital**

Poole Hospital is an acute general hospital based on the south coast of England. The trust employs around 3,600 staff. The hospital has a 24-hour major accident and emergency department and is the designated trauma unit for East Dorset, serving a population of around 500,000 people. In addition, the hospital's flagship Dorset Cancer Centre provides medical and clinical oncology services for the whole of Dorset, serving a total population of over 750,000. Both St Mary's Maternity Hospital and Forest Holme, the palliative care unit, are located a short walk from the main hospital.

Poole Hospital provides acute services for the local population of Poole, Purbeck and East Dorset, and is the lead provider for the Bournemouth, Poole and Christchurch conurbation for trauma, maternity, paediatrics and ENT services.



With a history of innovation, the Trust provides pioneering services across a range of clinical specialties. The hospital is a centre of excellence and training in keyhole surgery; our elderly care unit has received national acclaim for its pioneering model of multidisciplinary care; and the nurse-led medical investigations unit has been highlighted as a benchmark in nursing innovation.

## Royal Hampshire County Hospital

**Clinical Training Centre:** Wessex Clinical

Training Centre

**Address:** Romsey Road, Winchester, Hampshire. SO22 5DG

**Telephone No:** 01962 863535

**Cores available:** Medicine, Obstetrics & Gynaecology, Paediatrics, Psychiatry, Surgery

**Electives Available:** See [Electives Offered at UK Hospitals](#)

**Website:** [www.hampshirehospitals.nhs.uk](http://www.hampshirehospitals.nhs.uk)

**Director of Medical Education:** Dr Jimmy Chong

**Student Coordinator:** Fiona Stones

**Contact Details:** 01962 824851 (Telephone) [grenadian.students@hhft.nhs.uk](mailto:grenadian.students@hhft.nhs.uk)

**Accommodation type:** Single study bedroom, shared kitchen & bathroom

**Accommodation cost per month:** Limited Hospital Accommodation available at £450. Private Accommodation ranges from £800-1200

**Internet access in bedrooms:** Yes

**Immunisation requirements:** Hep B, Rubella, Measles, Mumps, Polio, Tetanus, Varicella & TB

### ***The Trust & the Hospital***

#### **Royal Hampshire County Hospital**

Hampshire Hospitals NHS Foundation Trust serves a population of approximately 600,000 across Hampshire and parts of West Berkshire in the South of England. Royal Hampshire County Hospital (RHCH) provides a full range of planned and emergency services including accident and emergency, general and specialist surgery, general medicine, intensive care, rehabilitation, chemotherapy, diagnostic services, maternity, neonatal, gynaecology, paediatric care and out-patient clinics. The site also houses Florence Portal House (which provides maternity, neonatal, breast screening and some gynaecology services) and an education centre.

In addition, Royal Hampshire County Hospital is pioneering the use of intraoperative radiotherapy for breast cancer treatment. Hampshire Hospitals NHS Foundation Trust has links with other nearby NHS Foundation Trusts for some specialised services. RHCH teaches third, fourth and final year medical students from Southampton University Medical School and also students on electives from other parts of the United Kingdom. Students from St George's University are fully integrated with these other medical students. The Education Centre has excellent facilities including an impressive library with a

full range of relevant journals and books and internet access. Within the educational programme there are a number of tutorials, clinical skills instruction and grand rounds available for students on a regular basis.

## St Ann's Hospital, Poole

**Clinical Training Centre:** Wessex Clinical Training Centre

**Address:** 69 Haven Road, Canford Cliffs, Poole, Dorset. BH13 7LN

**Telephone No:** 01202 708881

**Cores available:** Psychiatry ONLY

**Electives Available:** Psychiatry ONLY

**Website:** [www.dorsethealthcare.nhs.uk](http://www.dorsethealthcare.nhs.uk)

**Director of Medical Education:** Dr Sudipto Das

**Student Coordinator:** Suzanne Hutchins

**Contact Details:**

01202 705557 (Telephone)

[suzanne.hutchins@nhs.net](mailto:suzanne.hutchins@nhs.net)

**Accommodation type:** Single ensuite study bedroom at Poole General Hospital

**Accommodation cost per month:** £504 at Poole General Hospital

**Internet access in bedrooms:** Yes

**Immunisation requirements:** Tetanus, Polio, Hep B, Diphtheria, Rubella & TB

**Travel time to London by train:** 2 hours

### ***The Trust & the Hospital***

#### **St. Ann's Hospital, Poole**

Psychiatry rotations can be undertaken at St Ann's Hospital which is approximately 3 miles from Poole General Hospital (transport costs must be met by the student). The Hospital has an acute admission ward for all newly admitted patients, two wards (one male, one female) for patients needing intensive treatment, a ward for older patients with functional mental health problems, an Intensive Care Unit and a forensic ward (low secure). People admitted to St Ann's Hospital are usually in the most acute phase of their illness. The aim of all staff is to stabilise their health needs and return them back to their own home where they will be supported by the Crisis Team and/or their Community Mental Health Team in their own familiar surroundings.

## The Adam Practice

**Clinical Training Centre:** Wessex Clinical Training Centre

**Address:** Poole Surgery, 117 Longfleet Road

**Telephone No:** 01202 673159

**Cores available:** General Practice (FM) only

**Electives Available:** General Practice (FM) only

**Website:** [www.adampractice.co.uk](http://www.adampractice.co.uk)

**Clerkship Director:** Dr Tim Owen

**Student Coordinator:** Matthew Keating

**Contact Details:**

01202 673159 (Telephone)

[matthew.keating@dorsetgp.nhs.uk](mailto:matthew.keating@dorsetgp.nhs.uk)

**Accommodation type:** At Poole Hospital, single en-suite study bedroom, shared kitchen

**Accommodation cost per month:** £504

**Internet access in bedrooms:** Yes

**Immunisation requirements:** Tetanus, Polio, Hep B, Diphtheria, Rubella & TB

**Travel time to London by train:** 2 hours

***The Trust & the Hospital***

**The Adam Practice**

The Adam Practice is located on the sunny south coast of the UK in Poole, Dorset. It's within easy reach of beautiful countryside, ancient castles and the second largest natural harbour in the world. Poole and the adjacent town of Bournemouth make up a vibrant scene with a range of beach side restaurants and award- winning coastlines home to the famous Jurassic Coast. We operate across 4 sites in Poole, Upton, Hamworthy and Lytchett Matravers and care for a patient list size of 34,000. There are 16 GP partners and 5 salaried GPs. All 4 of our sites are training practices and the practice accommodates medical students, student nurses and GP trainees. Our GPs have support from a variety of clinical colleagues including a Clinical Pharmacist, Nurse Practitioners and Practice Nurses working across our sites. We are also an accredited Research Centre and we were recently awarded an Outstanding by the Care Quality Commission.

During a placement with The Adam Practice, St George's Students will experience a wide range of conditions presented in primary care. There is a dedicated GP Lead and Deputy on each site. We offer specialist clinics including Minor Ops, Vasectomy, Paediatrics, Allergy and Travel which students have the opportunity to sit in with as well as going on home visits to see patients in the community.

## Electives Offered at UK Hospitals

| Electives              | Norfolk & Norwich UH | North Hampshire | North Middlesex UH | Poole | Royal Hampshire | Russells Hall | Stoke Mandeville | Watford |
|------------------------|----------------------|-----------------|--------------------|-------|-----------------|---------------|------------------|---------|
| Acute Medicine AAU/AMU | x                    | x               | x                  | x     | x               | x             |                  | X       |
| Anaesthetics           | x                    | x               | x                  | x     | x               | x             | x                | x       |
| Breast Surgery         | x                    | x               | x                  |       | x               | x             | x                | x       |
| Cardiology             | x                    | x               | x                  | x     |                 | x             |                  | x       |

|                          |   |   |   |   |   |   |   |   |
|--------------------------|---|---|---|---|---|---|---|---|
| Colo-Rectal Surgery      | x | x | x | x | x | x | x | x |
| Day Surgery              |   |   | x | x |   | x | x |   |
| Dermatology              | x | x |   | x |   | x |   | x |
| EAUS                     | x | x | x |   |   |   |   |   |
| Elderly Care             | x | x | x | x | x | x | x | x |
| Emergency Care           |   |   | x | x | x |   |   |   |
| Emergency Medicine       | x | x | x | x | x | x | x | x |
| Endocrinology            | x | x | x | x | x | x | x | x |
| ENT                      | x | x |   | x |   | x | x | x |
| GI                       | x | x | x | x | x | x | x | x |
| GU Medicine              | x |   |   |   |   |   |   | x |
| Haematology              | x | x | x | x | x | x | x | x |
| Histopathology           | x | x |   |   |   |   |   |   |
| Infectious Diseases      |   | x | x |   | x |   |   |   |
| ITU/Critical care        | x | x | x | x | x | x |   | x |
| Max Fax Surgery          |   |   |   | x |   |   |   |   |
| Microbiology             |   | x | x | x | x |   |   |   |
| Nephrology               | x | x | x |   |   |   |   |   |
| Neurology                | x | x | x | x | x | x |   |   |
| Obs & Gynae              | x | x | x | x | x | x |   | x |
| Occupational Health      |   | x |   |   |   |   |   |   |
| Oculoplastics            |   | x | x |   |   |   |   |   |
| Oncology                 | x | x | x | x | x | x |   |   |
| Ophthalmology            | x | x | x |   | x | x | x | x |
| Orthopaedics             | x | x | x | x | x |   | x | x |
| Paediatrics              | x | x | x | x | x | x |   | x |
| Palliative Care          |   | x |   | x |   |   |   |   |
| Pathology                | x | x |   |   |   |   |   |   |
| Plastic Surgery          | x |   |   |   |   | x |   |   |
| Psychiatry               | x | x | x | x | x | x |   | x |
| Radiology                | x | x | x | x | x | x | x | x |
| Rehabilitation           |   | x |   |   |   |   | x |   |
| Renal Medicine           | x | x | x |   |   | x |   |   |
| Respiratory Medicine     | x | x | x | x | x | x |   | x |
| Rheumatology             | x | x | x | x | x | x | x | x |
| Stroke Medicine          |   | x | x |   | x | x | x | x |
| Surgery                  | x | x | x | x | x | x | x | x |
| Surgery Gen<br>Emergency | x | x | x |   |   |   |   |   |
| Surgery General<br>Upper | x | x |   |   |   |   |   |   |
| Surgery<br>Orthopaedics  | x | x |   |   | x |   |   |   |
| Surgery Thoracic         | x | x |   |   |   |   |   |   |
| Urology                  | x | x | x |   | x | x | x | x |
| Vascular Surgery         | x |   |   | x |   | x | x | x |
|                          |   |   |   |   |   |   |   |   |

Blue = Surgery electives  
Orange = Medicine electives

Elective availability can change at any time.

## UK Program Experiences

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### A UK Director of Medical Education's Story

**Dr Jimmy Suiwai Li**

**VOON CHONG BA MB BCH BAO MD MRCPI FRCP**

I was born on the tropical island of Mauritius in 1966. Mauritius is a country of the Commonwealth which gained independence in 1968. My parents were immigrants from southern China who emigrated to Mauritius in the early 1950's in search of a better future during the cultural revolution in China.

I went to primary and secondary school in Mauritius winning a scholarship after finishing primary school. In 1986, I was offered a place to study Medicine at Trinity College Dublin where I graduated in 1992. Graduating in 1992 was special in many ways as it also marked the 400th anniversary of the foundation of Trinity College Dublin.

I was the first member of my family from both parents sides to go to University. In 1986, in addition to applying for medical school in the Republic of Ireland, I had also applied for medical school in France. I was offered a place to study at the medical school in the University of Bordeaux. My plane ticket to Paris was booked but a week before I was meant to leave Mauritius, I received a phone call from Trinity College offering me a place there. Life would have been very different had this phone call not happened!

Following a year of internship (House officer post) at St James' hospital Dublin, I completed a 2-year medicine rotation as senior house officer in the same hospital scheme during which I completed the full MRCP exams. I was always interested in education. I was Clinical Tutor for Trinity College Dublin while working as registrar in Endocrinology and Diabetes at St James's Hospital Dublin. The role of the Clinical Tutor was mostly related to teaching bedside skills for the medical students and helping organize the final year exams. I took an early interest in the field of Diabetes and Endocrinology. During my third year as a medical student at St James' hospital Dublin, I was fascinated by the logic of endocrine feedback mechanisms, the use of this knowledge as a basis for diagnostic tests and treatment while seeing patients with drastic clinical features. I made up my mind then which speciality to spend the rest of life working in!

Following work as registrar in Endocrinology and Diabetes at St James' Hospital Dublin, I went to UK in 1998 to finish my Endocrinology and Diabetes specialist training within the Merseyside training scheme. During this time I also carried out clinical research in the area of growth hormone deficiency along with hydrocortisone replacement in the elderly with hypopituitarism. This led to an MD research degree awarded by the University of Liverpool in 2002.

In November 2000 I was appointed as Consultant Physician specialising in Diabetes and Endocrinology at the Royal Hampshire County Hospital Winchester and I have continued to take an active role in education. I have held the post of Royal College of Physician tutor from 2003 to 2012, being Chair of the Specialist Training Committee for General Internal Medicine for Wessex from 2006 to 2009, RCP General Internal Medicine adviser for Wessex. I was a member of the question writing group for the MRCP specialist certificate examination for Endocrinology and Diabetes from 2007 to 2010. Since 1997 I have been MRCP PACES examiner for the Royal College of Physicians London. I am now chair of examiners and have the opportunity to examine for the Royal College internationally.

My association with SGISOM started in 2008. I have been privileged to see the beautiful campus in Grenada when I was invited over to teach in 2008 and 2009. I was appointed Associate Professor of Medicine in 2009. Since Sep 2015 I have held the post of Clerkship Director for Medicine at The Royal Hampshire County Hospital in Winchester. In May 2017 I was appointed as Director of Medical Education and in October 2019 I was elected as UK Associate Chair for Medicine for SGISOM.

In addition to education, I have been passionate about improving systems of care and patient safety, having held the post of clinical governance lead for Medicine and Elderly Care at the Royal Hampshire County Hospital from 2002 to 2012. Since Jan 2012 I have held the post of Clinical Director for Speciality Medicine for Hampshire Hospitals NHS Foundation Trust. In February 2018 I was appointed Associate Medical Director for Governance for the Hampshire Hospitals NHS Trust.

I remain a full time practising clinician and have not forgotten why I originally chose Medicine as a career, which is to help patients in their journey in life. In addition to grateful patients and relatives, what is most rewarding to me is to see the happiness on the faces of medical students, junior doctors as well as colleagues when they have achieved what they have set themselves to do.

## My UK Experience – Derrick Lamount Mobley II

**Derrick Lamount Mobley II**

**Graduated: January 2024**

My original plans were to complete my core rotations in the US because I wanted to be as close as possible to my momma's cooking. I grew up on a cattle farm in Southern Tennessee, and I love nothing more than a good home-cooked meal and cornbread. The most extensive thing life has taught me is that it never goes according to our plans. I was offered the opportunity to complete some of my core rotations in the UK, and everything fell into place.

Ms. Alison Allen is an angel in disguise, and the UK Clinical Team made me feel safe and trust in the process. I wasn't sure what hospital I wanted to be placed at, even though they gave me great resources and information about the areas. I was so blessed and grateful for how they handled the transition for me. They scheduled everything with the hospitals and arranged housing accommodations for me too.

I was placed at North Middlesex University Hospital in London for my Family Medicine, Obstetrics & Gynecology, and Pediatrics cores. My time at the hospital was outstanding. One of the best things I enjoyed during my rotations was that they always made me feel a part of the team, and the doctors were compassionate and knowledgeable. My southern accent is very thick, and I am not the most well-spoken man, but they were always patient with me and made me feel confident to speak up. The hospital pathology is diverse, the hands-on training is next level, and the library is fantastic.

I completed my Psychiatry core at St. Ann's Hospital in London and experienced the exact detail of teamwork and care. My psychiatry core was phenomenal because I could see different scheduled clinics; as a result, I could see many different patient presentations. During this rotation, I visited HMP Pentonville, an Alzheimer's clinic, an eating disorder clinic, a learning disability clinic, and a drug abuse clinic.

At this point, my six months were up, and it was time to head back home to TN. I arrived home and immediately applied for a visa to finish up the rest of 3rd year and 4th year in the UK. I am currently placed at Royal Hampshire County Hospital in Winchester to complete my internal medicine and surgery core and to finish up 4th- year electives. Once again, I have been blown away by the consultants and staff at the hospital. They are brilliant, humble, compassionate, and always make time for you. Even though I don't have any family in the UK, I know I can reach out to any of them for guidance and support. The pathology is also incredible here, and you see many textbook cases. The weekly teaching sessions help to consolidate the material, and the radiology sessions are invaluable. We discuss weekly clinical cases and follow up with physical examination skills.

Medicine is a humbling and daunting journey, but a support system like this makes all the difference in the world. The most significant concept about medicine is that you are not treating an illness or condition but rather treating a person with that illness or condition. We must always remember to keep medicine patient-centered and have humility and compassion. We always experience moments and seasons where we are deeply impacted and changed for the better; that's what my time in the UK has felt like.

*"One of the best things I enjoyed during my rotations was that they always made me feel a part of the team, and the doctors were compassionate and knowledgeable."*

## My UK Experience – Jayakrithi Krishnan

**Jayakrithi Krishnan**

**Graduated: June 2024**

I have been at North Middlesex University Hospital (NMUH) in London for most of my 3rd year and I could not be happier with my placement. I had initially planned on completing a couple of my core rotations here but I enjoyed my experience so much, I decided to stay. I have met other SGU students and also built rapport with some of the University College of London (UCL) students who also rotate at the hospital. NMUH fosters a great sense of community and I have felt welcomed from my first day here. The medical and administrative staff are both a delight to work with. Our student co-ordinator, Ms Carole Sammy is very accommodating and has offered a number of volunteer and clinical skills opportunities to help establish an all-rounded student experience. I have especially loved the diverse demographic of patients and range of medical presentations I have been able to see during my time here. The hospital is a true reflection of the multiculturalism seen in the city of London and not only has it made it extremely easy to get settled in but has also broadened my medical knowledge.

I just completed my Surgery Rotation and I am grateful for being given the opportunity to rotate throughout six subspecialties, being General, Urology, Ophthalmology, Orthopaedic Surgery, Upper GI and Colorectal. I was able to gain a lot of exposure to the various surgical subspecialties over the 12 weeks and this helped in successfully completing the rotation. I was given numerous opportunities to scrub into surgeries as well as perform basic clinical skills such as venipuncture, arterial blood gases, physical exams and thorough history taking in the wards and in clinic. The consultants, registrars and foundation year doctors are always willing to help and offer a ton of teaching sessions that better my understanding in preparation for the exam. The medical staff are very eager to help you gain confidence in the field of medicine and offer advice, when needed. They are also aware of the shelf exams we have to take at the end of each rotation and use every opportunity to help us learn.

An additional perk of my UK clinical experience is living in London. The public transportation is uber reliable so getting around is a breeze. The affordable accommodation provided by NMUH is steps away from the hospital and conveniently close to Central London. Living in England's capital city has given me an opportunity to partake in so much during my free time. I love the numerous dining options as well as museums, theatre shows, pop-up events and athletic activities the city has to offer. It is impossible not to find something fun to do outside of the rotation schedule.

I would advise students looking to rotate in the UK to seize this opportunity. It is a wonderful experience and helps in understanding the diversification of medicine and establishing the differences and similarities in how medicine is practiced in countries outside of North America. There is a lot of opportunity to grow, learn and build upon your clinical skills here and I am more than thankful for the chances I've been given and the ability to stay and study in the UK.

*"The hospital is a true reflection of the multiculturalism seen in the city of London and not only has it made it extremely easy to get settled in but has also broadened my medical knowledge."*

## My UK Experience – Daynalee Dixon

**Daynalee Dixon**

**Anticipated Graduation Date: January 2026**

Life sometimes happens in unexpected ways but no matter the outcome it always seems to just fall into place. My UK experience has been so much more than I could have ever expected or imagined and has been integral in placing me one step closer to becoming a doctor. My dream has been to become a well-rounded medical professional with the capability to interact with and learn from people of various backgrounds, to be able to meet them where they are, and to positively impact their lives.

My experience has humbled me and without even realizing it has assisted in fulfilling my goal to travel the world. Born and raised in Jamaica, I completed my bachelor's degree in the United States then journeyed to Grenada to complete my first two years of medical school, and now here I am in the UK inching closer and closer to the finish line. During my UK rotations, I have learned the true meaning of work-life balance, time management, and adaptability. I have learned to prioritize my well-being and mental state while maintaining a healthy equilibrium between time spent in the hospital and time spent self-studying at home. This experience has taught me the importance of teamwork and the integral role that each person plays. This experience has given me the confidence to seek assistance when needed, to admit when I have made a mistake, and to gain the necessary skills to minimize and eliminate similar mistakes in the future.

There may be differences in methods of treatment and techniques used in the US and I may be thousands of miles away from home, but this experience has made me a better person. The cooperation of the staff around me and the enthusiasm they have in seeing me succeed fuels my willingness to keep pushing no matter the challenges I face.

*'...this experience has made me a better person'*

## My UK Experience – Tiffanii Smith

**Tiffanii Smith**

**Expected Graduation Date: January 2026**

The start of my first rotation was a very euphoric experience. I felt nervous and excited about the journey ahead, but also anxious of what I knew it required from me. Being in the UK alone meant that I had to become my own cheerleader when close family and friends were not easily accessible as I was once used to. I must admit that I was terrified inside while displaying a smile on the outside. Upon arrival to Stoke Mandeville Hospital meeting my coordinator Safiyah Shah, her manager Karen Blackmore and the team at the postgraduate center I was showered with loads of impeccable hospitality! The fellow students who were also rotating there all welcomed me with open arms. I immediately knew then that I would be able to succeed with my newfound support from the UK cohort.

*'...fellow students who were rotating there all welcomed me with open arms'*



# My UK Experience – Khayreddine Bouabida

**Khayreddine Bouabida**

**Graduated: January 2025**

Embarking on a clinical rotation in the UK was a transformative and enriching experience that broadened my medical and clinical knowledge and provided me with a unique cultural and professional perspective. The bustling city of London, known for its rich history and diverse population, served as an ideal backdrop for my clinical journey. One of the key aspects that made my experience memorable was the exposure to a wide range of medical specialties at renowned hospitals in the UK. Even though it faces several challenges that were part of my learning journey, the UK's healthcare system is globally recognized for its excellence and being part of it allowed me to witness firsthand the efficiency and dedication of healthcare professionals. From the fast-paced environment of emergency departments to the meticulous work in surgical theatres and complex psychiatric wards, each day brought new challenges and learning opportunities. One highlight of my clinical rotation in the UK was the chance to work closely with experienced physicians and specialists. The mentorship I received was invaluable, as it not only enhanced my clinical skills but also provided insights into the real-world application of medical theory. Engaging in discussions with experienced professionals broadened my understanding of patient care, management strategies, and the art of effective communication in the medical field. Furthermore, the diversity of patients I encountered in different hospitals in London was eye-opening. The city's cosmopolitan nature meant that I interacted with individuals from various cultural backgrounds, each with their unique health challenges. This exposure not only honed my diagnostic abilities but also instilled in me a deeper sense of cultural competence and empathy. Learning to navigate language barriers and understanding the cultural nuances of patient care became integral aspects of my medical education.

Beyond the clinical setting, living in the London Area and southeast of Kent offered a cultural immersion that complemented my academic pursuits. Exploring different cities during my free time allowed me to appreciate their historical landmarks, museums, and vibrant neighborhoods. The melting pot of cultures present in London provided me with a global perspective, enhancing my ability to relate to patients with diverse backgrounds. Participating in medical conferences, seminars organized, and clinical skills workshops was another dimension of my experience. Attending these events exposed me to cutting-edge research and innovations in healthcare. It also allowed me to network with professionals from around the world, fostering connections that could influence my future medical career. I also had the chance to be involved in research projects and publish a couple of papers during my clinical rotation in the UK. However, the experience was challenging. Adapting to a new healthcare system, understanding different documentation processes, and navigating the intricacies of the National Health Service (NHS) posed initial hurdles. Overcoming these challenges, though, strengthened my resilience and adaptability-qualities crucial for any aspiring medical professional.

In conclusion, my clinical rotation in the UK as a medical student was a multifaceted journey that enriched both my professional and personal growth which I recommend to all SGU students in their clinical years. The exposure to diverse medical specialties, mentorship from amazing professionals, interaction with a culturally varied patient population, and immersion in London's dynamic environment collectively shaped my understanding of medicine. This experience will undoubtedly influence my future practice, fostering a holistic and globally informed approach to healthcare.

*'...the UK's healthcare system is globally recognized for its excellence and being part of it allowed me to witness firsthand the efficiency and dedication of healthcare professionals.'*

*'The mentorship I received was invaluable, as it not only enhanced my clinical skills but also provided insights into the real-world application of medical theory.'*

## My UK Experience – Maureen Malivert

**Maureen Malivert**

**Anticipated Graduation Date: June 2026**

I was overwhelmed with emotions when I decided to come to the United Kingdom to start my core rotations. I was concerned but excited and eager for hands-on experience. After a seven hour flight and a one-hour taxi ride, I was at Stoke Mandeville Hospital in Aylesbury, UK.

Aylesbury is a quiet, warm, small town with a hospital known worldwide for its spinal unit. There are many perks when rotating at Stoke. The hospital accepts SGU, Oxford, and Buckingham medical students. The students can exchange ideas, learn from each other, and participate in clinical sessions together. I am assigned an SGU student partner for my internal medicine and surgical rotations at Stoke. We work as a team and support each other.

My first day at Stoke started with a meeting with the student coordinator. She gave me a hospital tour, was open to questions, and quickly responded to emails. The team here believes in work/life balance. We have weekly teaching sessions for clinical approach to patient care, student/professional doctor case presentations, skill sessions, radiology teachings, and fun events to de-stress. On the wards, we work with junior doctors to take patient blood, prep charts, present the patient to the physician, and sometimes complete an entire patient encounter. The physicians I have encountered thus far are approachable. They are willing to teach and guide, and most importantly, they are proficient in their respective fields. At Stoke, I am treated as a trainee junior doctor and have supervised hands-on experience. My confidence as a future doctor has been strengthened through this experience. I am grateful to everyone who ensures I have a good experience at Stoke Mandeville Hospital.

*'My confidence as a future doctor has been strengthened through this experience'*

## UK Training Days

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### Introduction to Clinical Practice and the NBME Exam

Eligibility for graduation is now determined by successful completion of the clinical course by passing all six of the NBME subject exams in Medicine, Surgery, Paediatrics, Obstetrics & Gynaecology, Psychiatry and Family Medicine. Students must keep pace with a rigorous on-line clinical tutorial programme called AMBOSS with a greatly enhanced emphasis on the acquisition of core medical knowledge. To assist students with their MCQ performance in these subject exams an NBME workshop

has been arranged for all newly arrived 3rd year clinical students. This mandatory workshop is run by clinicians from all core specialities and is virtual, and takes place during the student's first week of arrival in the UK. It occurs eight times a year, and may be repeated on request.

## Emergency Medicine Simulation Course

A very popular one-day Emergency Medicine Simulation course is planned for all newly starting clinical students. This programme is now overseen by Dr David Gaunt (ex-DME Watford, and now Director of Simulation-Based Education) and is now being rolled out progressively to other Clinical Training Centres (CTCs) as simulation laboratory facilities expand. It too is mandatory, with very good feedback on its practical benefits.

# Office of Career Guidance in the UK

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## OCG Contact Information

**Assistant Dean of Student Affairs for Academic Advising, Development & Support (AADS) UK**

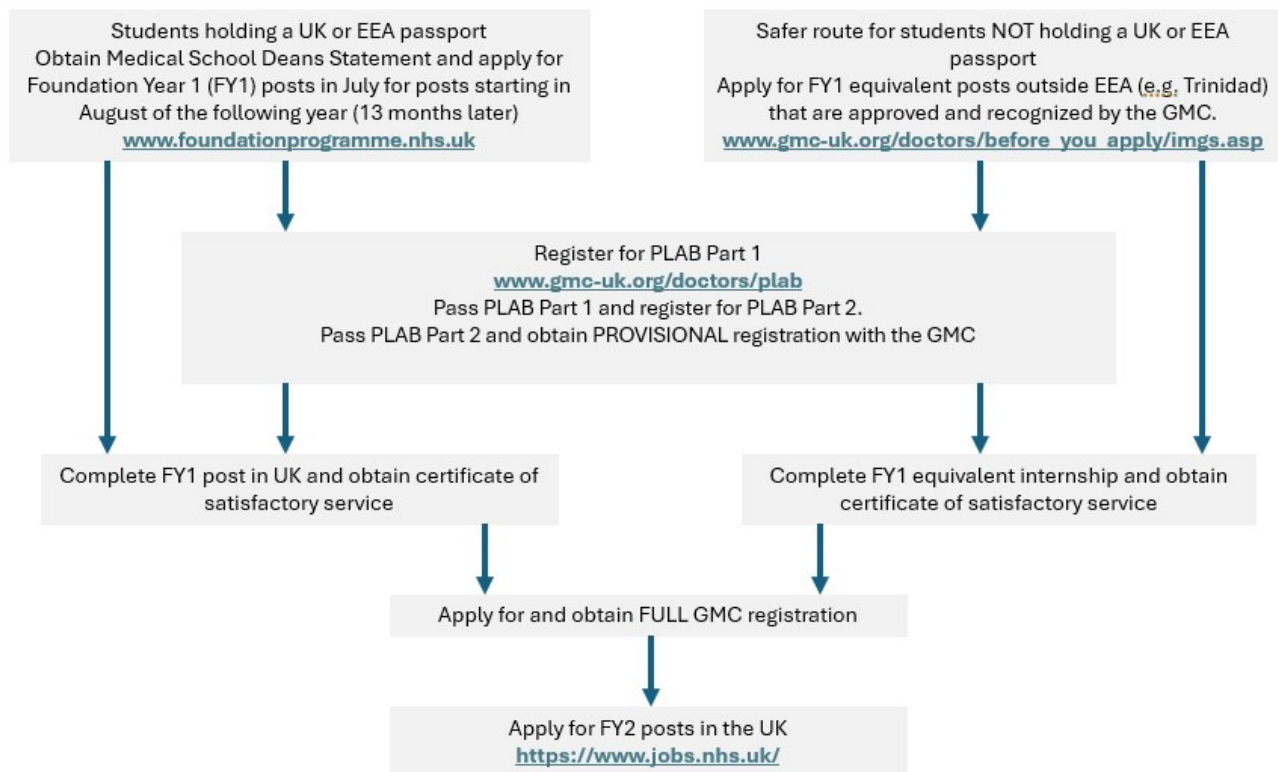
**Ms Beryl De Souza, MPhil BSc (Hons) MBBS FRCS**

[bdesouz1@sgu.edu](mailto:bdesouz1@sgu.edu)

[careerguidanceuk@sgu.edu](mailto:careerguidanceuk@sgu.edu)

## Pathways to UK Licensure for SGUSOM Students

Meet all the requirements for qualification (subsequent graduation from SGUSOM) and be in good financial standing with SGU (you may have reached this stage several weeks before your graduation). You must have studied for 2 years in Grenada. Students who hold a European or Swiss passport are exempt from sitting the PLAB exam and are required to complete a 5 year medical degree.



## Student Services

### Assistant Dean of Student Affairs UK – Mr Lee Dvorkin MD FRCS

*"I have been involved with St George's since 2011 when I took on the role of Surgery Clerkship Director at the North Middlesex University Hospital, London. I tutored and supervised SGU students in this role until I was appointed Director of Medical Education in 2018, a post I still hold and very much enjoy."*

*"In 2023 I served on the SGU executive committee but had to stand down when I was appointed Assistant Dean of Student Affairs. Since this appointment my work has been to ensure the academic and pastoral development of all our students and, with the UK Associate Dean, other members of the UK Deans Council and wider faculty, to further evolve the teaching programme in the UK. It is a privilege for me to be associated with SGU and to support the development of so many students who, after graduation, go on to contribute so much to healthcare all around the world."*

**Mr Dvorkin can be contacted through the UK Office or via email at [lee.dvorkin@nhs.net](mailto:lee.dvorkin@nhs.net) / [ldvorkin@sgu.edu](mailto:ldvorkin@sgu.edu)**

### UK Clinical Programme Counsellor – Hillary Ratna

*"Don't wait for the pressure to build up! Adjusting to a new country can be hard, especially if you feel you are on your own. Home is far away and so is the campus with your network of supportive friends. If you need someone to talk to, there is someone here."*

Hillary can be contacted 7 days a week from 9.30am – 9.30pm as follows: Mobile: 07956 803 757, Email: [hillaryratna@gmail.com](mailto:hillaryratna@gmail.com)

The counselling service is available for all SGUSOM students attached to UK Hospitals, it is completely confidential and the cost is covered by the University. The aim is to give you a chance to discuss any difficulties you may experience in a safe and supportive environment. The UK Counsellor, Hillary Ratna, is a qualified counsellor with many years experience of working with American and other international students. She is American herself and a long-term resident in Britain. She has an office in North West London, a five minute walk from Golders Green tube station (Northern Line, Edgware branch). If you are placed at a hospital outside London and it is too far or too expensive for you to visit Hillary, you can use the counselling service as a 'helpline' and talk things over by telephone. When you phone Hillary she will be happy to call you back. Your conversations with the counsellor remain completely confidential and no-one is informed. Your DME will not know unless you choose to tell him/her about it and your assessment grades will not be affected.

## SGISM Mentoring Program

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### SGISM Mentoring Programme in the UK

The SGISM mentoring programme for students in the UK was launched at the beginning of October 2014. The objective of this mentoring programme is to promote the development of self-confidence and professional achievement for you to progress through your Clinical training and thereafter in your chosen career paths. As mentoring relationships in both Universities and Medical Schools in the US and UK have been proven to be an excellent way to enhance professional growth, St George's International School of Medicine (SGISM) strongly supports mentoring activities. SGISM have compiled two handbooks – one for mentors and one for mentees as part of the SGISM Mentoring Programme. All the necessary administration needed for the mentoring scheme is provided in the SGISM Mentee and Mentor booklets which are available on the UK Clinical Programme section of the SGUSOM website. The mentoring scheme provides support to you in addition to the support offered by the Office of Career Guidance. In addition, to this voluntary mentorship scheme the UK Faculty provide tutorials for NBME exams and UWorld questions to support the students.

For any further information please get in touch with Ms Beryl De Souza – [bdesouz1@sgu.edu](mailto:bdesouz1@sgu.edu)

## A to Z of Other Information

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### Accommodation

Single accommodation will be organised for you when your placement is arranged. Hospitals provide accommodation close to or within the hospital complex. Charges vary significantly depending on the type and location. The cost varies between £331 (US\$424) and £992.00 (US\$1280) per month. Information about hospital accommodation will be sent to you with your placement letter for that hospital. Married accommodation is **NOT** provided by the affiliated hospitals and if you are bringing your partner/ family to the UK you can expect to have to find your own in the private sector. This can be expensive and you may also have to commit yourself to a six month tenancy agreement. You must let us know if you do not require hospital accommodation.

# Accommodation Costs

| Hospital                                                                           | Approx. per month |
|------------------------------------------------------------------------------------|-------------------|
| Norfolk & Norwich University Hospital / Hellesdon Hospital                         | £750              |
| North Hampshire Hospital                                                           | £500-£599         |
| N. Middlesex University Hospital / St Ann's Hospital London / Lawrence House Group | £702.25           |
| Poole General Hospital / St Ann's Hospital Poole / The Adam Practice               | £440-630          |
| Royal Hampshire County Hospital                                                    | £450              |
| Russells Hall Hospital                                                             | £466              |
| Stoke Mandeville Hospital / Berrycroft Medical Centre                              | £560              |
| Watford General Hospital / Sheepcot Medical Centre                                 | £550              |

## Banking

US\$ cheques can take between 4 to 6 weeks to clear if presented at a UK bank. You might find it easier to have your loan cheque paid into your US bank account and then transfer the money you require to a UK bank account. If you are staying in the UK for only a short time, it may be easier to rely on a credit card and travellers cheques.

## Clothing/Dress Code

It is important that staff at all levels and disciplines including students, portray a positive and professional image and act as professional role models for patients and visitors. It is also important that any clothing or accessories worn by students do not cause offence to patients, visitors or colleagues i.e. t-shirts with inappropriate logos, excess cleavage on view etc. All clinical staff should be 'bare below the elbows' when carrying out clinical duties with direct patient contact, this includes ward rounds. All staff are required to adhere to this policy when entering clinical areas. The following contains key infection control elements that are compulsory.

### Key requirements are:

- No White Coats
- Neck ties, if worn, must be removed or tucked in (other than bow ties) when delivering direct patient care.
- Ideally wear short sleeved shirts or roll sleeves up above the elbow when delivering any hands on care. Cardigans, jumpers, sweatshirts etc. must be removed prior to any clinical activity and patient contact.
- Do not wear any hand jewellery/wristwatch apart from a plain wedding band (if desired/ appropriate). Denim/Jeans are not permitted
- Students must wear Identity badges at all times

### Acceptable for work wear:

- Skirts and dress.
- Smart but casual trousers/city shorts - not denim. V neck or round neck jumper.
- Low heeled/ flat shoes.
- Short or long-sleeved shirts/blouses or polo shirts

## Concerns/Complaints

The lines of communication for dealing with a complaint or concern while you are attached to a clinical site in the UK are as follows:

- If your concern is of an academic nature you should first try to resolve this with the Consultant to whom you are attached. For example, you may feel that your schedule needs revisions or you would like to have more exposure to certain aspects of the rotation. If the matter does not get resolved you should make an appointment to meet with the DME at the hospital to discuss the matter. In most cases this will lead to a satisfactory outcome. However, if this is not the case then please write directly to Mr. Lee Dvorkin, Assistant Dean of Student Affairs - [ldvorkin@sgu.edu](mailto:ldvorkin@sgu.edu).
- If your concern is of an administrative nature, e.g. accommodation problems, a need for leave of absence during a rotation, etc, you should first contact the SGUSOM Student Co-ordinator at the hospital to which you are attached. They will decide if the concern can be dealt with locally, if the matter should be referred to the DME, or if the UK Office needs to be involved. You can always contact the SGU Office of Student Affairs - [studentaffairs@sgu.edu](mailto:studentaffairs@sgu.edu) or Mr. Lee Dvorkin, Assistant Dean of Students - [ldvorkin@sgu.edu](mailto:ldvorkin@sgu.edu).
- If you are having personal difficulties of any kind and would like to speak to someone about these while you are in the UK, you should contact the confidential Student Counselling Service provided for SGUSOM students in the UK. Please contact Hillary Ratna on 0208 455 1069 or 07956 803 757 or [hillaryratna@gmail.com](mailto:hillaryratna@gmail.com). You can always contact the SGU Office of Student Affairs - [studentaffairs@sgu.edu](mailto:studentaffairs@sgu.edu), or Mr. Lee Dvorkin, Assistant Dean of Students - [ldvorkin@sgu.edu](mailto:ldvorkin@sgu.edu).

## Currency

The currency is the £ Sterling and the value of this fluctuates against the dollar. If you are staying for more than one rotation it is usually more convenient to open a bank account, at no charge, at any of the major banks, for example Lloyds TSB, NatWest, Barclays or HSBC (see [Banking](#) section for more information). An online account is also an option, for example Monzo, Revolut, etc. as these are often easier and quicker to set up.

## Electricity

240 volts. Sockets are 3-pin flat.

## Electronic Log (PEL)

All students must keep a daily electronic log of the patients encountered during their core clerkships. This log is web-based and accessed through 'SGU Portal'. It is recommended that the log book be kept current on a daily basis. This log serves multiple functions and will be used in different ways and for different purposes by students, by the clinical faculty at affiliated hospital and by the School's administration and Curriculum Committee.

## Evaluation of Programmes

Students are required to complete an online evaluation at the end of each core rotation which is evaluated by the Office of Clinical Studies. Your final grade will not be released until the questionnaire has been completed.

## Insurance

We would advise students to ensure that they have taken out an adequate insurance policy to cover personal accident and personal effects whilst they are travelling and residing in the UK.

## Licensure Applications

Any licensure application forms should be sent to [LCV@sgu.edu](mailto:LCV@sgu.edu) for processing. . Please do not ask individual Consultants to sign licensure forms. The Licensing Authorities in the United States have very specific requirements and hold a specimen signature for the designated signatories at each hospital.

## Medical Treatment

From April 2015 the UK Government introduced the Immigration Health Surcharge for all temporary non EEA migrants coming to the UK for more than 6 months. This entitles you to access the NHS on the same terms as a permanent UK resident. If you are not covered by the IHS then you will be treated as an overseas visitor.

If you need medical treatment while you are in the UK, you will be treated as an overseas visitor. This means that you would be entitled to obtain health care in an emergency from a General Practitioner (GP) who may charge you for the consultation.

If you are living in the UK for a year or more, you may wish to register with a GP but this may only be appropriate if you are staying in the same area for the duration of your attachments. In addition, if you need hospital treatment, you will be treated as an overseas visitor and may be charged for your treatment. You are required to have your own medical insurance to cover this.

## Payment of Accounts

Students are reminded that all outstanding accounts for accommodation charges, etc, must be settled in full at the hospital before leaving that hospital either to return to the US or to undergo further rotations at another hospital in the UK. Failure to settle outstanding accounts not only jeopardises the good relationship between St George's and the UK hospitals, but can also cause unnecessary delay in setting up further rotations for a student and may even cause the student's graduation to be postponed until settlement of the account has been made. Likewise, all library books, bleeps, keys, etc, must be returned to the appropriate department before leaving the hospital.

## SGUSOM Student Membership of the British Medical Association (BMA)

Medical students from St George's University School of Medicine who are studying on the UK Clinical Training Programme are eligible to apply for a student BMA membership for 1 year. By providing learning and revision tools, as well as guidance on the latest ethical and professional issues, the BMA can help you on the road to becoming a qualified doctor.

### **Membership benefits include:**

Members receive a vast range of benefits to help make life easier including access to:

- National influence and lobbying for the issues that matter to you and your profession



- Individual advice and representation for when you need support
- Thousands of online textbooks and journals
- The BMJ online (worth £184 a year)
- BMJ Learning (worth £114 a year)
- ClinicalKey Student from Elsevier
- BMA Lifestyle discounts

To join the BMA please access the website via <http://www.bma.org.uk>

## SGUSOM Student Membership of the Royal Society of Medicine (RSM)

Medical students from St George's University School of Medicine while studying on the UK Clinical Training Programme are eligible to apply for membership of the student section of the Royal Society of Medicine in London. The RSM has the finest postgraduate library in Europe.

To apply for membership please contact:

The Royal Society of Medicine, 1 Wimpole Street, London W1G 0AE. <http://www.rsm.ac.uk>

## Signature of School Official

While you are in the UK you may require the signature of a School Official. This can be obtained by emailing [regmail@sgu.edu](mailto:regmail@sgu.edu)

## Student Reimbursements

SGUSOM students can claim back the cost of travelling to and from NBME exams and Study Days. To make a claim you must complete and return the reimbursement claim form available from the UK Office along with your travel receipts within 3 months of the travel taking place. Payments are made electronically to UK or US bank accounts as per student request.

## Transport

You will arrive at either Gatwick or Heathrow airports. Public transport is readily available from both, either by bus or train, into the centre of London where you can connect with trains to all parts of the country. Both airports are approximately 45 minutes from the centre of London by public transport. Students who are assigned to Russells Hall Hospital may wish to consider flying into Birmingham Airport.

Trains in the UK are one of the best means of transport, although the bus service is usually cheaper. Cars may be hired at the airports from rental firms and delivered to local depots when you arrive at your destination.

Once you are in the UK you may apply for a 'Student Railcard' which currently costs £30 (US\$ 39). This entitles you to a 33% discount on some UK trains for a period of one year.

Forms are available from any train station or online at [www.16-25railcard.co.uk](http://www.16-25railcard.co.uk). You will require two passport photographs and proof that you are a full-time student (available from the UK Office on request).

Alternatively, a 'Network Card' may be appropriate for your needs. There are many cards available to enable students to travel at reduced rates on public transport, i.e. Oyster cards in London.

## Textbooks & Web Based Educational Assignments for Independent Learning

Please refer to the Clinical Training Manual for details of reading materials and web-based assignments for cores.

Reading should proceed on four levels, each with a different goal:

- Reading about your patient in order to "learn from your patients" and to develop a deeper understanding of the comprehensive issues affecting patient diagnosis and care.
- A systematic and thorough reading about the overall field of internal medicine in order to prepare for the end of clerkship NBME exam and the Step 2 CK. This cannot be over emphasized.
- Detailed in depth reading about specific topics of interest and for assignments.
- A review of basic science and relevant research in order to reinforce the fundamental principles of clinical medicine and understand advances in patient care.

## US Office - Great River

Need to call University Support Services? Call the toll free number 0800 169 9061 to be connected to a University Services representative (remember the time difference).

## Vaccinations and Immunisation Requirements

Most hospitals have their own Occupational Health requirements with which you must comply.

Frequently this involves the completion and return of the hospital's own health questionnaire prior to travelling to the UK. All hospitals require documentary evidence of your immunity to Hepatitis B and proof of vaccinations against Rubella and Poliomyelitis. If your health records are not complete you will not be able to enter the UK Clinical Programme. Students are responsible for producing written proof of immunisation programmes undertaken and dates. If you are not able to do this you will be responsible for the cost of a titre or the immunisation and you may not be allowed to participate in clinical work until the appropriate documentation is provided. It is therefore imperative that you comply with the requirements of the individual hospitals as specified on the information sheet that you will receive with your placement information.

# Water

In the UK water is safe to drink without boiling or chemical treatment. In some public places, e.g. public toilets, if the water is unsafe for drinking a sign will be displayed above the taps on the wall.



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